

October

1. *Love Me and you will be happy; and the more you love Me, the happier you will be. Oh! If people loved Me, how much joy would reign in this so miserable world! (Jesus)*
2. *Do you know what your cross is? To not miss a single act of love...I love you, and this cross which I place on your shoulders annihilates everything in you; at the same time, it leads you to scrupulously observe all the points of the Rule, Constitutions, Directory. (Jesus)*



3. *Say goodbye forever to all that is earth and creature, and take off with the ceaseless act of love. Forward! Towards the eternal shore. (Jesus)*

4. *I allow this struggle against the thoughts that assault you, that overwhelms you, because it gives Me glory and souls. Offer to Me at every instant: "For You, and for the souls!"*

these thoughts that you do not want, and that continually spring up, from when you awake up to when you fall asleep, to prevent you from loving, and I will change them into graces and blessings of souls. (Jesus)

5. *This ceaseless act of love gives you the threefold virginity: of the heart, body and spirit. (Jesus)*
6. *Remember, Consolata, that a loving glance, an encouraging smile sometimes has a greater influence on a soul than a sermon. Isn't it true that feeling yourself loved and understood in a brotherly, holy manner gives the soul more agility in running the way of perfection? (Jesus)*
7. *Remember and keep for certain that along with each burden, I will also send the strength to carry it; so, don't be afraid of anything. I love you, and I never stop thinking of you; you, take care only and always to love Me. (Jesus)*
8. *You, think only more of Me and of souls: of Me, to love Me; of souls, to save them. (Jesus)*
9. *Love and souls! Don't omit a single act of love, don't lose a single soul! (Sister M. Consolata)*